Learning Conversation Notes	
Name of Partner: Child Abuse	<b>Date:</b> October 21, 2004
Prevention Council - Home First	
Number of Children Served: 181	<b>Ages:</b> 0-1 (82) 2-3 (52) 4-5 (47)
children – 110 families	
When Served: July 1, 2004 to October	<b>Gender:</b> F-93 M-88 <b>Ethnicity:</b> Native
2004	American – 3% Black – 1% Hispanic –
	60% White – 33% Bi-Racial – 3%

**Conversation Participants:** Cyndi Bigbee, DeAnne Thornton, Diana Martin, Linda Peterson, Kathleen Shenk, Patti Diaz, Lara Gallagher, Leticia Martinez

#### **Desired Outcomes:**

Families served will have the knowledge, skills and resources to raise their children in healthy environments conducive to reaching appropriate developmental milestones.

To sustain the skills parents learn in the program, parents will share their childhood development knowledge and developmentally appropriate parenting with other families of 0-5 children independent of Home First staff.

The Home First model will exist in the Kings Beach area.

**Performance Measures:** We reviewed Early Childhood Outcome Screens, photographs, demographic data and oral reports on sustainability.

## What is this data telling us about achievement of outcomes?

A review of Outcome Screen data showed the following:

Two thirds of the children are living in safe, stable nurturing environments. About 1/3 showed a decline.

There was a 21% improvement in physical development.

There was about a 30% improvement in emotional development.

Three quarters of the families make under \$20,000 a year. One third make under \$10,000 per year.

The majority of clients (60%) are Hispanic Spanish speaking only.

Parents are receiving child development and parenting knowledge and show improvements in raising their children in healthy environments conducive to reaching developmental milestones. But, most parents remain below the "true line," which means they are dependent upon outside services to maintain the outcome. The families that are not self sufficient in achieving the outcomes need long-term engagement of a home visitor to help make the transition.

Regarding the sustainability outcome: The Little People Play group parents are skill building, mentoring each other, doing fundraising and participating in program development. And, the parent leadership program in Auburn provides an opportunity and format for parents to develop new skills and share skills with other parents.

Information about the parent groups is being spread through the informal information network particularly in the Spanish speaking community.

### In what ways will we apply what we have learned from our data?

Continue to look for sustainable opportunities for parents to mentor other parents.

Provide more training in drug and alcohol detection, and safety for home visitors.

Identify participants that continue to show little to no improvement and determine what specific strategies might be used to improve their outcomes.

Continue using strategies that have been successful such as the use of videos and floor time as teaching tools, etc.

Review outcome data with home visitors more often.

### Other points that were made during the conversation:

Most parents in this program are in their twenties.

Home First staff are seeing increases in developmentally delayed parents.

Foster care providers make up 2% of the caregivers.

A GIS map of the home visit sites shows that the highest density is in Roseville and Auburn. Foresthill, Alta and Colfax are the farthest reaches. The program is assessing the need in the Tahoe area.

Major sources of referrals: Community Health, Hospitals, Self, Head Start, CWS Redesign Differential Response.

The first 90 days are spent building a relationship with the family and assessing the child and family needs. Most families that continue to engage in the program are stabilizing as a result of having a home visitor.

Many parents don't know how to play or interact with their child. Staff use the "Food for Thought" and Safe From the Start" videos and floor time (to role model) tools to help talk about the importance of the 0-5 years and the child's brain development.

Referrals are made to specialists when a developmental issue is identified.

Parenting is always a work in progress. It takes time to change beliefs and actions.

# Next Steps:

Find a way to track successful and unsuccessful case closures to determine what works in the achievement of outcomes.

Find a way to track transportation access for participants.

Develop a survey to measure the parent leadership sustainability outcome.

Within six months invite First 5 staff/commission to the next Home First staff data conversation.

Invite First 5 staff/commission to follow along on a home visit.

Explore GIS mapping software alternatives with Mike Romero.

Incorporate the baby sign language program into the home visit – this helps infant verbal development.

Incorporate infant massage training for home visitors.